

Appointment: Day _____ Month _____ Year _____ Time _____ AM/PM
Please bring papers, insurance cards, co-pay, and a list of your current medications to your appointment.

DIRECTIONS TO OUR WEST DES MOINES CENTER

FROM THE NORTH (I-35):

- Take I-35 South/I-80 West Ramp.
- Merge on I-35 South/I-80 West. Continue 10.6 Miles.
- Exit University Avenue/Clive (#124).
- Turn Left on University Avenue.
- Turn Right on 42nd Street.
- Turn Left on Westtown Parkway. Get in the Right lane.
- Take First Right on Sandpiper Drive.
- Second Driveway on the Left leads to our facility.

FROM THE EAST (I-80):

- Exit University Avenue/Clive (#124).
- Turn Left on University Avenue.
- Turn Right on 42nd Street.
- Turn Left on Westtown Parkway. Get in the Right lane.
- Take First Right on Sandpiper Drive.
- Second driveway on the Left leads to our facility.

FROM I-235:

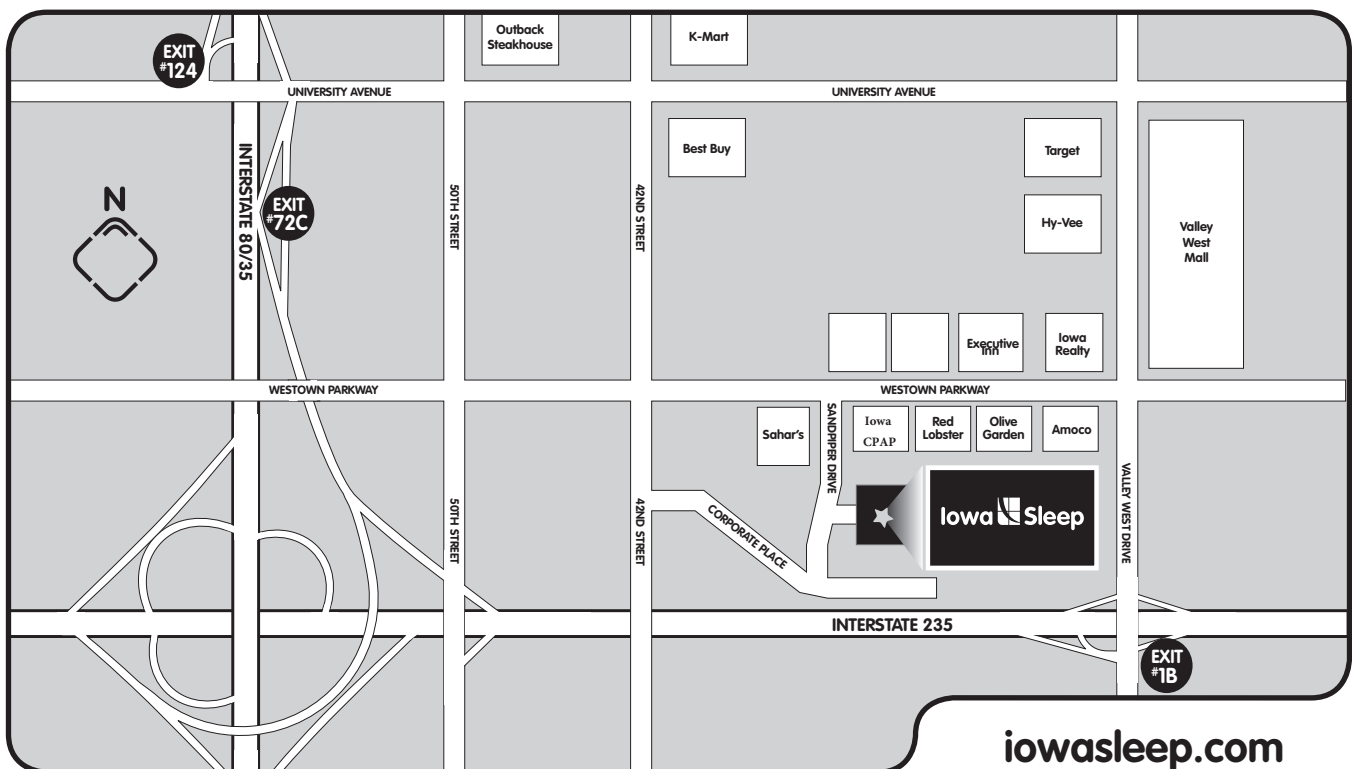
- Exit Valley West Drive/35th Street (#1B).
- Turn North on Valley West Drive/35th Street.
- Turn Left on Westtown Parkway.
- Turn Left on Sandpiper Drive.
- Second Driveway on the Left leads to our facility.

FROM THE WEST (I-80):

- Take I-35 North/I-80 East Ramp.
- Merge on I-35 North/I-80 East.
- Exit University Avenue/Clive (#72C).
- Turn Right on University Avenue.
- Turn Right on 42nd Street.
- Turn Left on Westtown Parkway. Get in the Right lane.
- Take First Right on Sandpiper Drive.
- Second Driveway on the Left leads to our facility.

FROM THE SOUTH (I-35):

- Exit University Avenue/Clive (#72C).
- Turn Right on University Avenue.
- Turn Right on 42nd Street.
- Turn Left on Westtown Parkway. Get in the right hand lane.
- Take First Right on Sandpiper Drive.
- Second Driveway on the Left leads to our facility.



iowasleep.com

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Iowa Sleep

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